Video Interaction Guidance (VIG) Explainer

Understanding your Video Interaction Guidance (VIG) sessions at Gateway Psychology



gateway psychology

Video Interaction Guidance (VIG) is a strengths-based intervention that uses short video clips of everyday interactions to help children, parents and carers notice what is already working and build on these moments.

Video Interaction Guidance (VIG) slows interactions down and helps families to see the small but important moments of connection, responsiveness and communication that can otherwise be easy to miss.

It may be particularly helpful when a child finds it difficult to seek or accept comfort, their behaviour is difficult to interpret, parents lack confidence in reading their cues, or interactions frequently become stressful or stuck.

gateway psychology

What are VIG sessions like?

During a VIG session, a clinician films a short, ordinary interaction between a child and their parent/carer. The clinician then carefully reviews the footage and selects brief examples of positive interaction – moments when communication or responsiveness is working particularly well.

For more information on VIG, please see the video link here.



gateway psychology

How is progress monitored?



You and your clinician will meet regularly to review your VIG sessions and discuss how best to meet your family's needs.

A review is also a time for you to bring any concerns you have about your child and the sessions. You are welcome to bring a friend or relative with you to reviews. Please let us know in advance if you are going to do this.

gateway psychology

Video and audio recording

Video Interaction Guidance sessions will need to be video and audio recorded.

We will ask for your verbal and written consent before recording any of your sessions. Your clinician will use these for analysis purposes and to prepare for feedback sessions with you.

Confidentiality

Your video recordings will be stored in accordance with our Data Protection and Confidentiality Policy.

Will my videos be shared anywhere else?

Your clinician may share your videos confidentially with their supervisor. We will ask for your consent before doing this. We will not share your videos anywhere else, unless required to by law.

gateway psychology

Confidentiality

Sharing information

Your clinician will not share information with any other person or agency without agreement from you (and your child, if appropriate), except when it is required by a court of law or a local authority, or if they believe your child or another person is at risk.

Please see our Data Protection and Confidentiality Policy for more information.

Notes and reports

Your clinician will keep notes about VIG sessions for their own use and for supervision.

At the end of the intervention, they will write a summary report for you. They will not share notes or reports without your consent unless required to by law.

gateway psychology

Other documents to read

As well as this Video Interaction Guidance (VIG) Explainer, please read the following documents (where applicable) before your sessions begin:

- Parent/Carer Information Pack
- Schedule of Services
- Terms and Conditions
- Children's Guide/Young Person's Guide (as appropriate)

You will also need to sign and return the following forms:

- Registration Form
- Consent Form
- Outcome Measures (questionnaires)

These will be sent to you electronically using the e-signature platform, PandaDocs.

gateway psychology

Our contact information

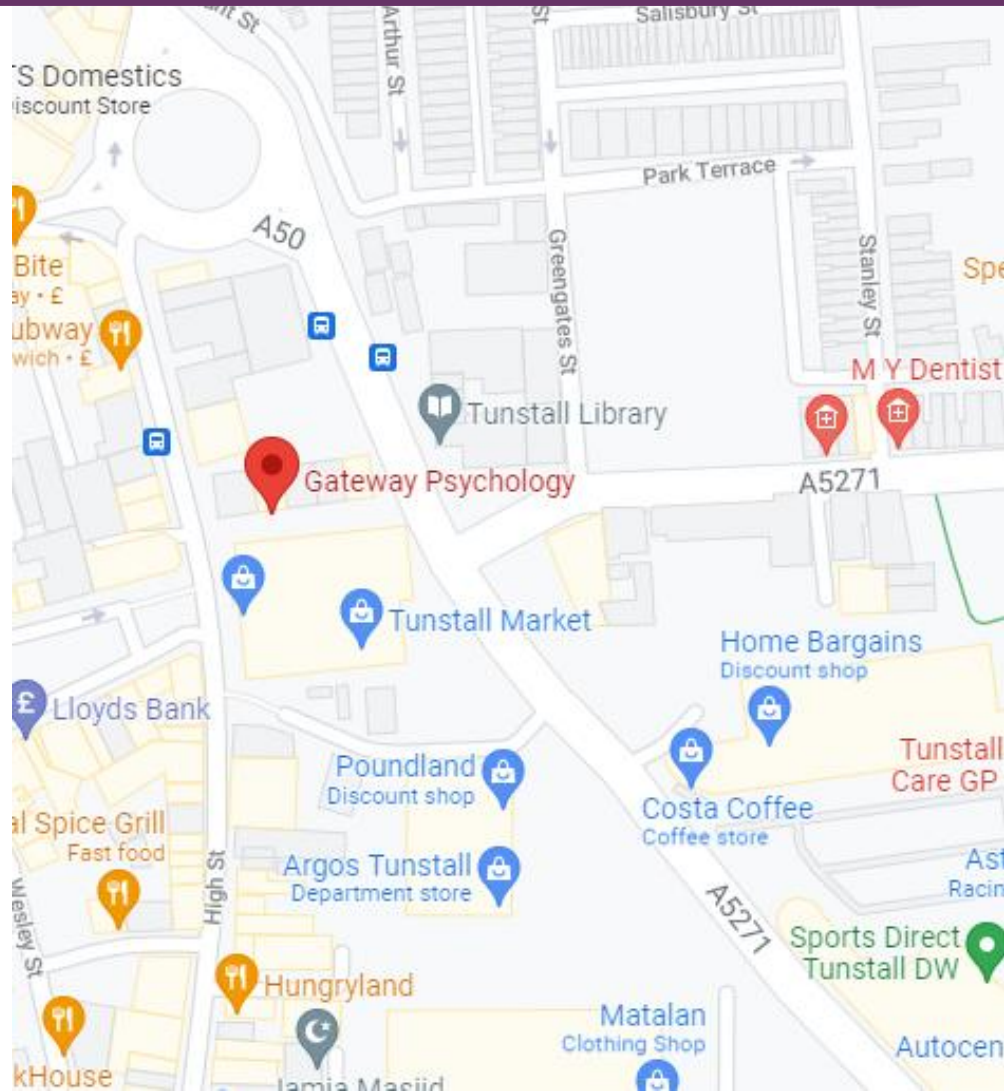
7-9 The Boulevard, Stoke-on-Trent, ST6 6BD

contact@gateway-psychology.co.uk

01782 919520

https://www.gateway-psychology.co.uk

https://www.facebook.com/gatewaypsychology



gateway psychology