The BUSS Model Explainer

Understanding your BUSS sessions at Gateway Psychology

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Building Underdeveloped Sensory Systems (BUSS) is a therapeutic approach for helping children who have experienced developmental trauma.

It brings together an understanding of the impact of trauma on the child, the importance of loving relationships and an inherent need to move in order to develop good bodily regulation. The focus of the model is to support families in using games and activities that will allow them to rebuild underdeveloped parts of a child's foundation systems.

What are BUSS sessions like?

The purpose of the intervention is to improve a child's sensory integration, develop good bodily regulation and build parent/child relationships, thereby providing a solid platform for the development of emotional regulation, relationships and learning.

Parents/carers will be asked to record their child in action doing the recommended activities and to upload the footage for the clinician to review. The videos will be used to assess your child's progress and adapt the approach as necessary.



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How is progress monitored?



You and your clinician will meet regularly to review your BUSS sessions and discuss how best to meet your family's needs.

A review is also a time for you to bring any concerns you have about your child and the sessions. You are welcome to bring a friend or relative with you to reviews. Please let us know in advance if you are going to do this.

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Video and audio recording

BUSS sessions might need to be video and audio recorded.

We will ask for your verbal and written consent before recording any of your sessions. Your clinician will use these for analysis purposes and to prepare for feedback sessions with you.

Confidentiality

Your video recordings will be stored in accordance with our Data Protection and Confidentiality Policy.

Will my videos be shared anywhere else?

Your clinician may share your videos confidentially with their supervisor. We will ask for your consent before doing this. We will not share your videos anywhere else, unless required to by law.

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Confidentiality

Sharing information

Your clinician will not share information with any other person or agency without agreement from you (and your child, if appropriate), except when it is required by a court of law or a local authority, or if they believe your child or another person is at risk.

Please see our Data Protection and Confidentiality Policy for more information.

Notes and reports

Your clinician will keep notes about your BUSS sessions for their own use and for supervision.

At the end of the intervention, they will write a summary report for you. They will not share notes or reports without your consent unless required to by law.

Other documents to read

As well as this BUSS Explainer, please read the following documents (where applicable) before your sessions begin:

- Parent/Carer Information Pack
- Schedule of Services
- Terms and Conditions
- Children's Guide/Young Person's Guide (as appropriate)

You will also need to sign and return the following forms:

- Registration Form
- Consent Form
- Outcome Measures (questionnaires)

These will be sent to you electronically using the e-signature platform, PandaDoc.

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Our contact information

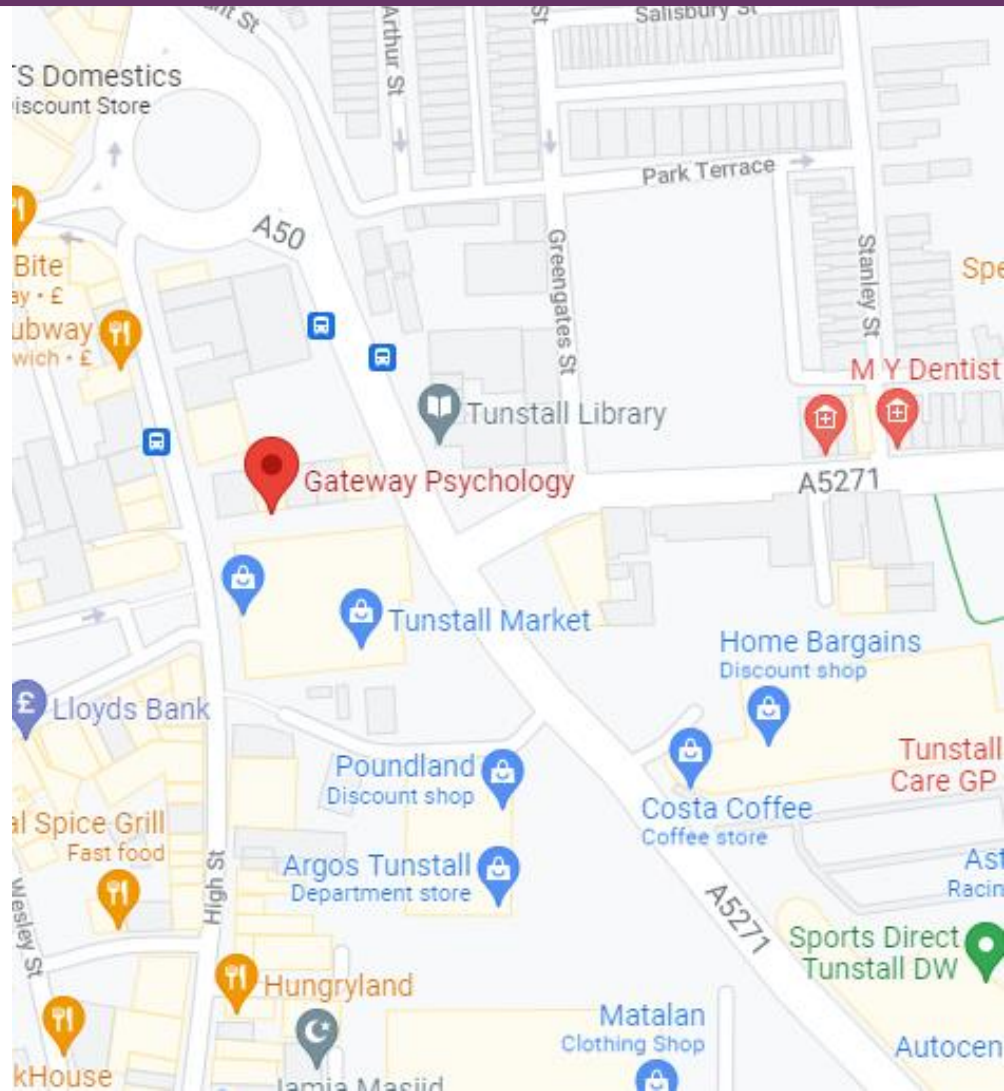
7-9 The Boulevard, Stoke-on-Trent, ST6 6BD

contact@gateway-psychology.co.uk

01782 919520

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